

Friday 16th September 2022- Newsletter 2

## *A message from Miss Towler...*

Dear Parents and Carers,

It has been another busy week in school and the children have certainly been working very hard. I continue to be so impressed with how our new children have settled within school and it has been a pleasure to see both Nursery and Reception children so happy and loving their learning.

I have been very busy touring several families around our school and the feedback has been wonderful to hear. We welcome Seren, Willow, Jenson and Fatema to Teams Saturn and Neptune and to officially become part of our TPA family.

Best wishes,  
Caroline Towler, Headteacher



## **Phonics Information Evening - Monday 26th September at 5pm**

Parents and Carers of children in Reception, Year One and Year Two are invited to find out more about how we teach Phonics at Tadcaster Primary Academy.

Please come along on Monday 26th September at 5pm to learn how we teach our children to read, what our Phonics teaching involves and how you can support your child at home.



## **TPAC AGM Meeting - New members welcome**

Date: Wednesday 28th September 2022

Time: 5.30-7.00pm

Venue: School 'the hub'

It would be wonderful for as many parents and carers as possible to get involved whether that is at meetings, with ideas or volunteering at events. Do come along and find out more to see how we support school and fundraise. If you have anything you would like to discuss please do not hesitate to let us know.

Being a committee member is an absolutely fantastic opportunity to be involved and have input into what to arrange for the children, how money is spent on the children and how to make memorable and fun experiences for their years throughout primary school.



## Dates for your diary for the coming weeks

Dates	What's happening at TPA?
Monday 19th September	State Funeral of Queen Elizabeth II - School closed to everyone
Tuesday 20th September	Extra Curricular KS1 Music Club with Mrs Oldfield 3.30pm - 4.30pm Extra Curricular KS2 Art Club with Mr Hughes 3.30pm - 4.30pm
Thursday 22nd September	Extra Curricular KS1 and KS2 Dance Club with Drew from YDS 3.30pm - 4.30pm
Monday 26th September	Phonics Meeting - Reception, Year 1, Year 2 Phonics Information Evening at 5pm Please join Mr Foster and Mr Ramzan to find out more about how you can support your children with reading and learn more about how we teach reading at TPA. See information in this newsletter for further details.
Wednesday 28th September	TPAC AGM meeting - Please come along and join TPAC to share how you can help our school (see further information)
Thursday 6th October	Individual pupil photographs - More details to follow Census Day Taster Menu - All Reception and Key Stage One children will be given the choice of the hot dinner option. Children can still bring along their packed lunches if they wish to.
Tuesday 11th October	Harvest Festival Celebrations at St Mary's Church at 2pm - Parents and Carers welcome (2 tickets per family)
Wednesday 12th October - Thursday 13th October	Provisional date for Bikeability cycling training for Year 6 pupils - see further information shared with Year 6 Parents and Carers.
Friday 21st October	End of term - School closes for October Half Term at 3.30pm

Our school attendance this week is: **98.54%**

Our school attendance target is **97%**.

Reception: **98.33%**

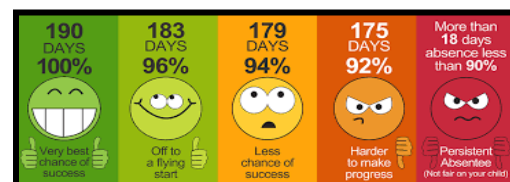
Jupiter: **100%**

Saturn: **100%**

Neptune: **96.24%**

\*As Government guidance states, your child's attendance

is compulsory in school and unless they are unwell we ask that you ensure they are in school, on time, every day.



## Community News



### HEALTHY LIFESTYLE SESSION

**SELBY LIBRARY**  
**MONDAY OCTOBER 24TH 2022**  
**2-3:30PM**

Information around healthy diet, healthy snacks and portion size.

Information on oral health for children.

This group will be for parents with children aged 9 months to 6 years, with lots of healthy lifestyle advice for your family including how to create healthy habits and tips for fussy eaters.

PLEASE REGISTER YOUR INTEREST VIA THE EMAIL:  
hdfn.northyorkshire@nhs.net



## Become a School Governor at TPA

Would you be interested in supporting your child's school as a school governor?

We are looking to grow our Local Governing Body and are asking Parents and Carers if they would like to be involved in shaping the development of our wonderful school. If you are interested in becoming one of our Governors and are happy to meet six times a year (once a half term) for a couple of hours each meeting, please contact Miss Towler via [admin.tad@ebor.academy](mailto:admin.tad@ebor.academy) for more information

Click here to find out more about what it means to be a school governor: [Become a Governor](#)



## Wellbeing

At The National College, we provide everything educators and trusted adults need to strengthen, manage and evidence their professional, and personal development, in one place, on one platform. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.thenationalcollege.co.uk](http://www.thenationalcollege.co.uk) for further information and resources.

### Tips for Supporting Children in DEALING WITH GRIEF

It's important that trusted adults feel able to help children and young people cope with grief – particularly at the moment, when we are a nation mourning the loss of a public figure who was treasured by so many. Children are seeing bereavement and sadness being featured heavily in the national news and in their favourite online spaces, and hearing it being talked about extensively among families and in the community. How can we help them in processing this healthily?

- 1 UNDERSTAND WHAT GRIEF IS**  
Grief is emotional distress which is a normal response to the death of someone close, well known or admired. It may feel overwhelming – especially for young people – and is often accompanied by feelings of shock, disbelief, anger or fear. These emotions may also mean that sleep, eating and our relationships with others could be affected.
- 2 MEET THE CHILD 'WHERE THEY ARE'**  
This could be a child's first experience of grief and loss – or conversely, they may have already encountered it several times. Make sure that any conversations you have with them, and the support that you give, are led by their experiences and their understanding of death – and in the context of their religious or community beliefs.
- 3 EXPLAIN CLEARLY WHAT DEATH IS**  
It may often feel uncomfortable, but it's healthier to actually use the words "dead", "death" or "died". Abstract explanations of death can frequently create even more confusion – particularly for younger children, who are still trying to grasp this complex (and possibly unfamiliar) concept.
- 4 BE PREPARED FOR QUESTIONS**  
On subjects such as this – especially when it involves a person who's well known to them – children and young people often have lots of questions, all at once. Sometimes, new queries about the issue will occur to them weeks after the event. Be ready to answer their questions as honestly as you can, using language that's appropriate for their age.
- 5 FIND WAYS TO REMEMBER THEM**  
It can help to talk to about the person who's died, even if that individual wasn't personally involved in the child's own life – such as a significant public figure, for instance. You and your child can discuss what that person meant to you, celebrate the things they achieved or go to a place where they can be remembered.
- 6 ENCOURAGE COPING STRATEGIES**  
You can help a child or young person to identify what their usual positive ways of coping are when they have overwhelming feelings. For example, do they find that talking with someone, drawing, going for a walk or listening to music help when they're feeling upset? These same activities could form an important part of the grieving process.
- 7 REACH OUT FOR SUPPORT**  
If a child or young person is struggling with grief to the extent that it's impacting on their everyday life, there are lots of expert organisations that you could reach out to for further help. Samaritans provides a listening ear for anyone in emotional distress. The Mix offers specialist support to people under 25, and Winston's Wish deals specifically with helping young people who are grieving.

**SAMARITANS:**  
116 123

**WWW.THEMIX.ORG.UK/GET-SUPPORT**  
0808 808 4994

**WINSTON'S WISH:**  
08088 020 021

**Meet Our Expert**  
Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.

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